



# MILLION MILE MONTH

## @ APL

Million Mile Month is a one month challenge that encourages people to come together as one large virtual community with a goal of walking, running, rolling, or swimming one million miles. Sign up required to participate online at:

[www.millionmilemonth.org](http://www.millionmilemonth.org)

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**SATURDAY, APRIL 5, 9 AM - 12 Noon**

**Mendez Middle School | 5106 Village Square Dr. | 512-414-3284**

- Health screenings for diabetes, blood pressure and vision
- Healthy food demonstrations
- Zumba, biking and walking demonstrations
- Health and wellness information
- "Take 10" CPR Awareness training

**SATURDAY, APRIL 12, 10:30 AM - 12 Noon**

**Milwood Branch | 12500 Amherst Dr. | 512-974-9880**

- Austin Police Department bicycle safety awareness
- "Take 10" CPR Awareness training
- Piñata with prizes

**SATURDAY, APRIL 26, 10:30 AM - 12 Noon**

**Hampton Branch at Oak Hill | 5125 Convict Hill Rd. | 512-974-9900**

- Bibliofiles book cart drill team presentation
- Austin Police Department bicycle safety awareness
- "Take 10" CPR Awareness training

**SUNDAY, APRIL 27, 12 Noon - 2 PM**

**Recycled Reads | 5335 Burnet Rd. | 512-323-5123**

- Bicycle registration with Austin Police Department
- Piñata with prizes



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Free and open to the public

