



**Tell
Your
Tale
Make a
Book!**

Description

Create your own to book to write, draw, and tell your tale. We'll teach you how to make two different styles of book: a sewn book and a Hole Punched Book.

Materials

- Paper for book cover – cardstock, construction paper, or other sturdy paper (2 pieces per book)
- Paper for book pages – plain copy paper (3-8 pieces per book)
- Scissors
- Paper clips
- Ruler
- Thumbtack/Pushpin/Awl (a tool to help pierce through paper)
- Cutting board or thick cardboard
- Sewing needle
- Embroidery thread/yarn/string

Instructions: Book #1 - Sew A Book

Watch our Video on how to make these two books: tinyurl.com/APLmakebook



1. Cut your front and back covers and book pages to whatever size you would like your book to be.
2. Stack your book pages between the front and back covers. Use paperclips to hold it together.
3. Use a ruler to measure out places to poke holes. They should be evenly spaced out and about half an inch from the spine edge.





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4. Place the paper flat on a thick piece of cardboard or cutting board. Use a thumbtack or other piecing tool to very carefully create your holes. Push down on the tool through all pieces of paper. If you have a thick stack of paper, you can separate them into smaller stacks and use the already pierced pages to help place the holes for the other stacks. (Adults, you might need to supervise this step!)
5. Thread your needle with embroidery thread. You don't need to make a loop or knot the end.
6. Start from the top or bottom of the spine holes. Push your needle and thread through the first hole from the back of the book. Leave a tail hanging that's about two inches long- this will help finish the book.
7. Go back through that first hole again by going around the outside and the needle coming up from the back. There should be a line of thread on the spine of the book. Make sure to hold the tail in place.
8. Go back through that first hole one more time by going around the top and the needle coming up through the back of the book. There should be a line of thread at the top. This will help secure your thread so you don't need to hold the tail the whole time.
9. Go through the second hole through the front of the book. Then go around from the back, over the side of the book, and through the hole at the front again.
10. From the back, you're going to move on to the next stitch. Bring the needle through the back. You'll wrap it around the edge again and sew through the back one more time. Your needle and thread should be at the front of the book.
11. Repeat the wrapping and moving to the next stitch until you reach the edge. It will look like there are gaps in the thread on the front and back. We'll go through those at the end.
12. Once you get to the edge of the book, you'll repeat steps 7-8 as you go back to complete the stitching back to where you started.
13. From here, you should be able to stitch through the book filling those gaps.
14. Then, you can knot the thread from your needle with tail from the start and cut off the extra.





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Instructions: Book #2 - Hole Punch A Book

Watch our Video on how to make these two books: tinyurl.com/APLmakebook



1. Cut your front/back cover paper and inside pages to whatever size you would like your book to be. This example is long and thin but you could make any size you like.
2. Put the inside pages between the front and back cover papers. Use paperclips to hold them together.
3. Use a ruler to measure out places to add holes. They should be evenly spaced out and about half an inch from the spine edge. Make a mark where each hole should go.
4. Use a hole punch to make holes at each mark.
5. Thread the yarn through a needle. If you don't have a needle, wrap a piece of tape around the end of a fairly long piece of yarn to make a "needle."
6. You can start from the top or bottom of the spine of the book. Push your yarn through the first hole from the back of the book. Leave a tail hanging that's about two inches long- this will help finish the book.
7. Go back through that first hole again by going around the outside and the yarn coming up from the back. There should be a line of thread on the spine of the book. Make sure to hold the tail in place.
8. Go back through that first hole one more time by going around the top and the yarn coming up through the back of the book. There should be a line of thread at the top. This will help secure your thread so you don't need to hold the tail the whole time.
9. Go through the second hole through the front of the book. Then go around from the back, over the side of the book, and through the hole at the front again.





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10. From the back, you're going to move on to the next stitch. Bring the yarn through the back. You'll wrap it around the edge again and sew through the back one more time. Your yarn should be at the front of the book.
11. Repeat the wrapping and moving to the next stitch until you reach the edge. It will look like there are gaps in the yarn on the front and back. We'll go through those at the end.
12. Once you get to the edge of the book, you'll repeat steps 7-8 as you go back to complete the stitching back to where you started.
13. From here, you should be able to stitch through the book filling those gaps.
14. Then, you can knot the thread from your needle with tail from the start and cut off the extra.

Booklists

Get inspired by reading these books and more:

Booklist for younger readers: <https://tinyurl.com/APLtale>



Booklist for older readers: <https://tinyurl.com/APLtaletweens>

