

My Little
Play Read Grow
Book



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The More We Play Together

The more we **play** together,
Together, together,
The more we play together,
The happier we'll be!

'Cause your friends are my friends,
And my friends are your friends,
The more we play together,
The happier we'll be!

The more we **read** together...
The more we **sing** together...
The more we **write** together...
The more we **talk** together...

Read Write Sing Talk Play... every day!

Sing With Me!

I sing with you, you sing with me,
It's as easy as can be!
We move our hands and feet in time,
And make up lots of silly rhymes!

Remember...

You don't have to know the tune or even the words to sing together and have fun.

Your child loves the sound of your voice - so keep talking!

Itsy Bitsy Spider

The itsy bitsy spider,
Climbed up the water spout,
(move fingers towards sky)

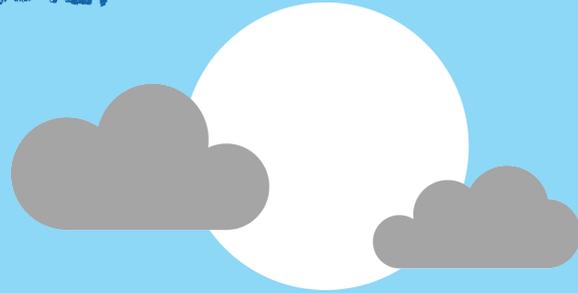
Down came the rain,
(flutter fingers down)

And washed the spider out,
(drop hands quickly down and out)

Out came the sun,
And dried up all the rain,
(move hands over head)

And the itsy bitsy spider,
Clim...bed up the spout again!
(move fingers back towards sky)

*Sing it again, but change it up -
try the Big Daddy Spider or the Super Sticky Spider!
Make your voice higher or lower, faster or slower,
and the movement bigger or smaller.*



Wind The Bobbin

Wind, wind, wind the bobbin,
(roll fists in a circle in front of you)

Wind, wind, wind the bobbin,
(roll fists in a circle in front of you)

Pull, pull, tap, tap, tap!
(reach across chest and pull left, then right, then pat hands on thighs to tap)

Now our daily work is done,
(walk hands up to the sky)

Come on now let's have some fun!
(walk hands back down to lap)

Wind, wind, wind the bobbin,
Wind, wind, wind the bobbin,
Pull, pull, tap, tap, tap!



If You're Happy and You Know It

If you're happy and you know it,
Clap your hands!
If you're happy and you know it,
Clap your hands!
If you're happy and you know it,
Then your face will surely show it,
If you're happy and you know it,
Clap your hands!

Try one of these verses or make up your own!

Stomp your feet...
Turn around...
Jump up and down...
Sit right down...



The Grand Old Duke of York

(Bounce baby on your knee to start)
Oh the Grand Old Duke of York,
He had ten thousand men,
He marched them up to the top of the hill,
(lift baby up to your chest)
Then marched them down again.
(return baby to your knee)
And when they're up, they're up.
(lift baby up high)
And when they're down, they're down.
(return baby to your knee)
And when they're only halfway up,
(lift baby chest high)
They're neither up nor down!
(lift baby high then return to your knee)





Here We Go Baby Loo

(bounce baby in your arms while standing)

Here we go baby loo, here we go baby light,
Here we go baby loo, all on a Saturday night!

Here we go up high,

(lift baby up high)

Here we go down low,

(return baby to your chest)

Here we sway back and forth,

(sway gently back and forth)

Then round and round we go!

(turn in a circle once)

Here we rock baby fast,

(holding baby across chest, rock quickly twice)

Here we rock baby slow,

(rock slowly twice)

Here we give baby a kiss on the cheek,

(lean down and kiss baby's cheek)

Then tickle her on her toes!

(tickle baby's toes)



Bumpin' Up and Down

(Baby facing you, hold their hands and bounce)

Bumpin' up and down with my little baby,
Bumpin' up and down with my little baby,
Bumpin' up and down with my little baby,
Won't you be my darlin'?

(hold baby's hands and help them twist)

Wigglin' you here, my little baby,
Jigglin' you there, my little baby,
Wigglin' you here, my little baby,
Won't you be my darlin'?

(tickling baby in different spots)

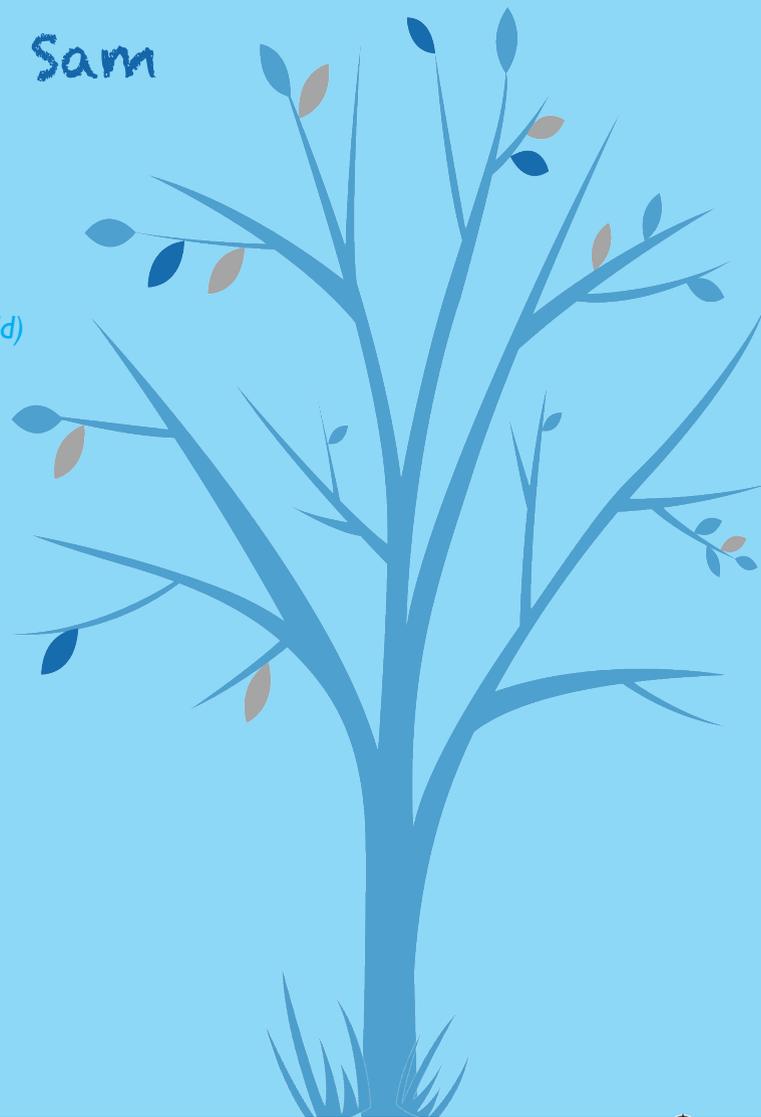
Tickling you here, my little baby,
Tickling you there, my little baby,
Tickling you here, my little baby,
Won't you be my darlin'?



A Ram Sam Sam

A ram sam sam,
A ram sam sam,
(roll fists in a circle)
A guli guli guli guli,
(wiggle your fingers at your child)
Ram sam sam!
(roll fists in a circle)
[repeat]

A rafi! A rafi!
(throw hands over head)
Guli guli guli guli guli,
(wiggle fingers at your child)
Ram sam sam,
(roll fists in a circle)
A rafi! A rafi!
Guli guli guli guli guli,
Ram sam sam,



Wiggle Your Fingers

Wiggle your fingers,
(wiggle fingers at your child)
And wiggle your toes,
(wiggle your toes)
Goodness knows I've got wiggles in my toes!
(tap feet)
Now wiggle your eyeballs,
(roll your eyes around)
And wiggle your tongue,
(stick out your tongue and make silly sounds)
Wiggle your ears,
(hold your ears and wiggle them back and forth)
and now we're all done!
Now no more wiggles are left in me,
And I'm as quiet as quiet can be!



This Little Piggy

This little piggy went to market,

(wiggle your child's big toe)

This little piggy stayed home,

(wiggle your child's second toe)

This little piggy had roast beef,

(wiggle your child's middle toe)

This little piggy had none,

(wiggle your child's fourth toe)

And this little piggy cried....

(wiggle your child's pinky toe)

“wee wee wee!” all the way home!

(tickle your fingers up baby's tummy then under their chin)

Try this one with your child's name, too!



Twinkle Twinkle Little Star

Twinkle, twinkle little star,

How I wonder what you are,

Up above the world so high,

Like a diamond in the sky.

Twinkle, twinkle little star,

How I wonder what you are,

When the blazing sun is gone,

When he nothing shines upon,

Then you show your little light,

Twinkle, twinkle, all the night.

Twinkle, twinkle little star,

How I wonder what you are,

Then the traveller in the dark,

Thanks you for your tiny spark,

He could not see which way to go,

If you did not twinkle so.

Twinkle, twinkle little star

How I wonder what you are.



Five Bears in the Bed

Five bears in the bed,
And the little one said,
“Roll over, roll over!”
So they all rolled over and one fell out,
He gave a little scream, and he gave a little shout.

Four bears in the bed,
And the little one said,
“Roll over, roll over!”
So they all rolled over and one fell out,
He gave a little scream and he gave a little shout.

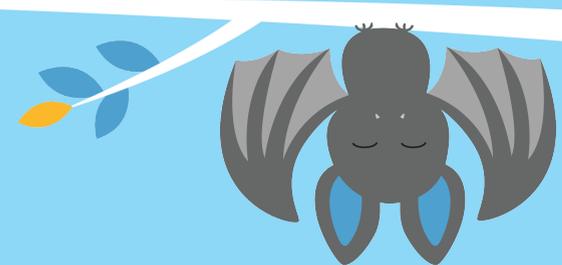
Three bears in the bed,
And the little one said,
“Roll over, roll over!”
So they all rolled over and one fell out,
He gave a little scream and he gave a little shout.



Two bears in the bed,
And the little one said,
“Roll over, roll over!”
So they all rolled over and one fell out,
He gave a little scream and he gave a little shout.

One bear in the bed,
And the little one said,
“I’m lonely, I’m lonely!”
So he rolled over and they climbed in as before,
They gave a little sigh and they gave a little snore,

Five bears in the bed,
And the little one said,
“Shhhhhh...”



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